



Dance Camp Las Vegas

Professional Camp Schedule

Monday June 17th, 2024 American Smooth & American Rhythm Day

- 9:00AM Styling of American Foxtrot by Edward & Maria**
From Broadway to traditional style, how to implement and enhance your foxtrot character
- 10:00AM Freedom of movement by Yegor and Tatiana**
How to maintain good frame structure but let your body dance freely
- 11:00AM How to create opposition in the body by Slawek & Marzena**
Opposition in the body to create a dynamical dancer
- 12:00PM Powerful dancer by Oleksiy & Anastasiia**
What does it mean to be a powerful dancer and how to use it
- 1:00PM Lunch Break**
- 3:30PM Go back to roots of Mambo action by Nazar & Yuki**
Learn the authenticity of Mambo foot and body action
- 4:30PM Understanding upper body actions to create speed changes by Nazar & Natalie**
Maximizing the mobility of your rib cage to create different speed changes
- 5:30PM Understanding lift techniques Part 1 by Alyenendrov & Yuki**
Learn how to use the best technique when doing lifts in routines

Tuesday

June 18th, 2024

International Standard & International Latin Day

- 9:00AM** **Picture Lines in Standard by Yegor & Tatiana**
How to develop picture lines to show flexibility not over shaping
- 10:00AM** **Totality of Movement in Int'l Waltz by Edward & Maria**
Find all the secrets to creating a full movement
- 11:00AM** **Smart practice for Champion Dancers by Edward & Maria**
Learn how to fully use your practice time (from warm up to rounds)
- 12:00PM** **Drills to use to create the best Structure and Frame by Slawek & Marzena**
Drills and exercise to do daily to have the best dance frame
- 2:00-3:30** **Lunch Break 90 min**
- 3:30PM** **How to build trust between a partnership by Alyenendrov & Yuki**
Trusting your partner in tricks, dips and lifts to better your choreography
- 4:30PM** **Fast leg action in Int'l Cha-Cha by Nazar & Yuki**
Create fast clean leg action
- 5:30PM** **Int'l Samba Rhythmicity by Oleksiy & Anastasiia**
Different rhythms you can have in Samba (pelvis, feet and body)

Wednesday June 19th, 2024 American Smooth & American Rhythm Day

- 9:00AM** **Rotate or Not Rotate? Rise or no Rise? In V.Waltz by Edward & Maria**
Understanding what the correct Rise and Fall and how to Rotate
- 10:00AM** **Staccato and Legato in Tango by Oleksiy & Anastasiia**
When to use Staccato and when to use Legato
- 11:00AM** **Using Connection and Body Weight by Yegor & Tatiana**
Understanding how to use your physical connection and your body weight to create movement
- 12:00PM** **Usage of the Breath by Slawek & Marzena**
How to create a dynamical dancer by using just your breath and LABAN Technique
- 2:30PM** **Lunch Break**
- 3:30PM** **Understanding lift techniques Part 2 by Alyenendrov & Yuki**
Learn how to use the best technique when doing lifts in routines
- 4:30PM** **Is West Coast Lead and Follow different to East Coast? by Toby & Harmony**
What are the differences and why
- 5:30PM** **Foot and Body action in Bolero by Nazar and Yuki**
Understanding the correct foot and body action

Thursday June 20th, 2024 International Ballroom & International Latin Day

9:00AM **How to use a variety of timings in Quickstep by Oleksiy & Anastasiia**
Make Quickstep fun and exciting by using different timings throughout your routine

10:00AM **Continuation of the movement in Int'l Foxtrot by Yegor & Tatiana**
Use the body to create the linear movement across the floor instead of feet

11:00AM **Musicality and why it is important by Brent Mills**
Understand why musicality is important in your dancing

12:00PM **Showcase Inspiration by Eduardo & Christy (90min)**
Argentine Tango tricks

1:45PM **Lunch Break 45 mins**

2:30PM **Rhythmical Legs and Feet in Jive by Yegor & Tatiana**
Flicks and Kicks to create a strong presence in your routines

3:30PM **Characteristic of Paso Doble by Nazar & Yuki**
From shapes to movement to create a story

5pm **Ice-cream social**

7:45PM

Doors Open for Grand Banquet Dinner & Show

Location: Arizona Ballroom

Bring your name badge for entry!